

# European Journal of Applied Positive Psychology (EJAPP)

## Template for Research Papers

The template below aims to offer general guidance for contributors submitting Original Research articles to the EJAPP. Please see the Journal website for additional requirements (<http://www.nationalwellbeingsservice.org/review-process/>)

Section	Approximate Maximum Length <sup>1</sup>	Focus
<b>Title</b>	25 words	To clearly reflect the nature of the article or paper
<b>Abstract</b>	250 words	To provide an overall summary of the submission. This should include the Background and Aims of the paper as well as general scene setting and any Conclusions. If the submission is a research paper, the structure of the Abstract should be organised as <i>Background/Aims/Objectives, Methods/Methodology, Results, Discussion, Conclusions</i>
<b>Key words</b>	6 words	To identify key terms and concepts from the submission
<b>Introduction</b>	2000 words	The aim of this section is to provide a rationale for undertaking the research reported. This should be an evidence-based section with clear links to the literature. For a research paper, the statement of hypothesis is generally first presented at the end of this section.
<b>Method</b>	1000 words	This section should follow the reporting structure of <i>Design, Participants, Materials/Apparatus, Procedure</i>
<b>Results</b>	700 words	Standard academic practice for selecting and reporting statistical tests in Psychology should be followed in this section. Authors are responsible for ensuring the accuracy of reporting in all aspects of analysis and reporting of results.
<b>Discussion</b>	1500 words	The aim of this section is generally to discuss the findings reported in the Results section in light of the existing literature. Additionally, authors might comment on the methodology of the research (strengths and limitations), offering suggestions for the future direction of this area of study.
<b>Conclusion</b>	500 words	Summary concluding remarks are provided in this section to draw the paper to a close showing explicitly the key contributions of the research to the literature and the field of applied positive psychology

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<sup>1</sup> Papers should normally be no more than 6000 words including abstract, references and figures.

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