

## EDITORIAL

# Editorial: The European Journal of Applied Positive Psychology going forward

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## Declaration of conflicting interests

The author(s) declared no potential conflicts of interest in respect to their authorship or the publication of this paper.

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We thank the journal sponsors for their ongoing support.

We have had another successful year publishing Volume 2 of the *European Journal of Applied Positive Psychology (EJAPP)*.

In last year’s volume we published articles on a range of key topics including: Benefits of a gratitude journal app; Efficacy of mindfulness in the classroom; Is positive education too positive for the UK?; The utility of measuring flourishing in substance and alcohol use disorders research; A case study using the CLARITY framework; and Can strengths use at work reduce the deleterious effect of depressive and anxiety symptoms on work functioning? Our thanks to the authors for their papers.

As we go forward and start editing Volume 3 of EJAPP, the Editors invite research papers and articles on the theory, research and practice of positive psychology. In addition, the Editors encourage submissions in the form of brief reports, discussion

papers and short papers on techniques.

We are also interested in receiving relevant conference reports, book and monograph reviews. However, do contact the editors prior to writing so that we can inform you whether or not the report or review would be suitable for European Journal of Applied Positive Psychology. With the relevant permissions obtained, conference reports may also include photographs.

The journal is now abstracted and/or listed in a number of databases. Further information about the EJAPP and information for contributors are available on the website at: [www.nationalwellbeingsservice.org/review-process](http://www.nationalwellbeingsservice.org/review-process)

The peer reviewing process involves meticulousness and dedication by the Editorial Board, Consulting Editors and reviewers including Dr Paula Cruise, Dr Ceri Sims, Sheila Panchal, Dr Douglas Young, Dr Alanna O’Broin, Kasia Szymanska, Dr Gisele Dias, Prof Ho Law and Dr Vince Szekely. Their

assistance is essential to the smooth running of the journal. As Co-editors we express gratitude to them for their on-going support.

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### Biographies

**Stephen Palmer** is Coordinating Director of the ISCP International Centre for Coaching Psychology Research, and Founder Director of the Centre for Stress Management, London. He is the Honorary President of the International Stress Management Association and the International Society for Coaching Psychology. He is Professor of Practice at the Wales Institute for Work Based Learning, University of Wales Trinity Saint David; an Adjunct Professor of Coaching Psychology at Aalborg University; and Director of the Coaching Psychology Unit, City, University of London, UK. He is a coaching psychologist and applied positive psychologist. He has written or edited over 50 books and has published over 225 articles and chapters.

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**Dr Ilona Boniwell** is one of the European leaders in positive psychology, having founded and headed the first Masters Degree in Applied Positive Psychology (MAPP) in Europe at the University of East London. Nowadays, she heads the International MSc in Applied Positive Psychology (I-MAPP)

at Anglia Ruskin University (that includes a dedicated positive psychology coaching pathway), teaches Positive Management at l'Ecole Centrale Paris and HEC, and consults around the world as a director of Positran and ScholaVie. Her main teaching expertise lies in the areas of positive psychology and positive psychology coaching, with research interests around: subjective time use, time perspective, eudaimonic well-being and applications of positive psychology to business, executive coaching and education.

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**Dr Siobhain O'Riordan PhD** is a chartered psychologist and chartered scientist. She is Chair and a Fellow of the International Society for Coaching Psychology and member and Trustee of The International Stress Management Association (UK). Siobhain is also a trainer and course co-director on the stress management and coaching programmes at the Centre for Stress Management and Centre for Coaching, London.

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